



# Spring Roots Circle

Reflective Exercise  
on Roles and Relations

With Kinwa Bluesky

➤ *Reflect quietly — 5 mins*

1. What role(s) am I best suited to play given my skills, innate strengths, lived experiences, knowledge, and interests?

*Consider:*

- a. *What gifts or strengths do I bring to my work?*
- b. *Are there specific instances where I've seen these gifts and strengths in action?*



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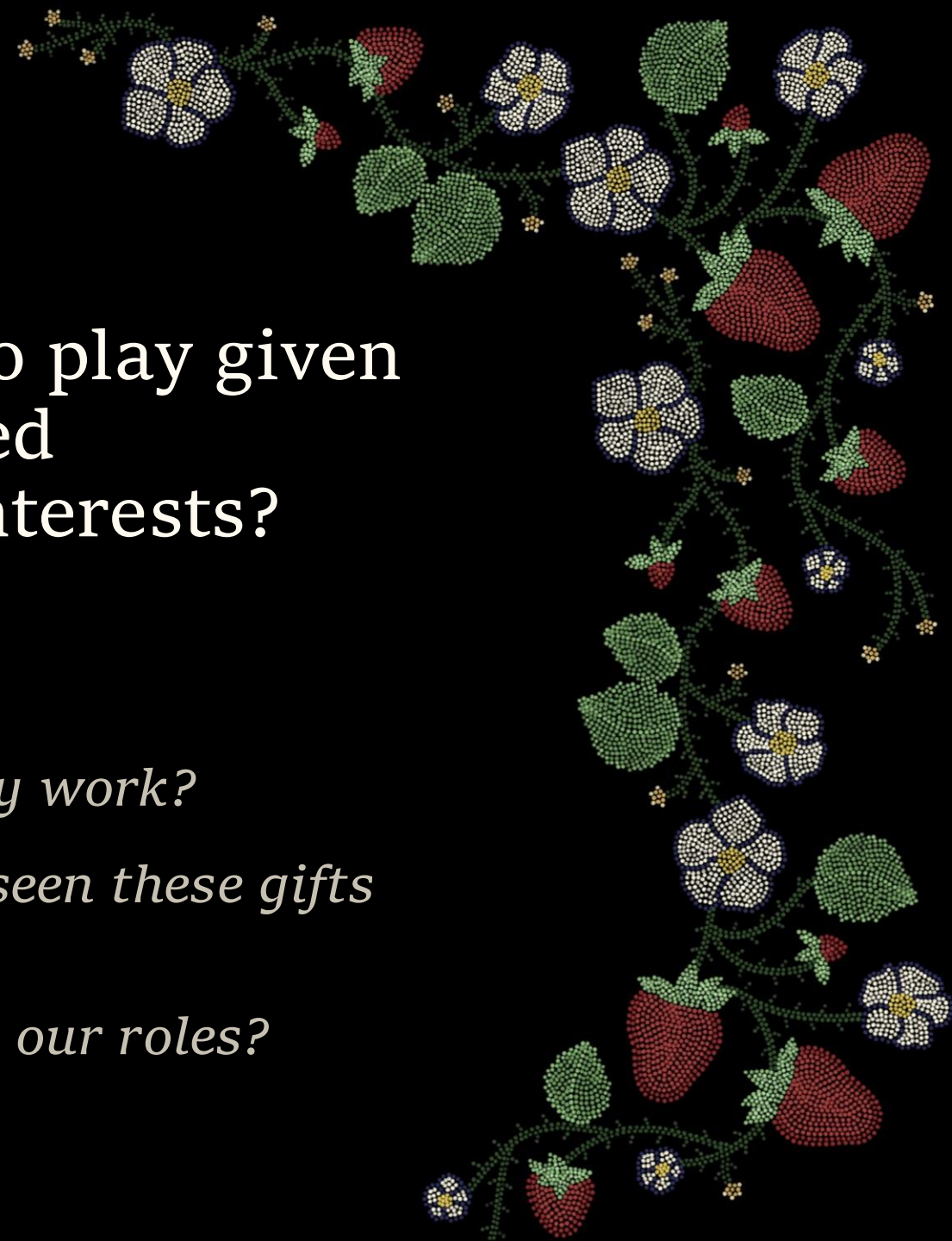
www.buildingmovement.org  
www.solidarityis.org  
www.socialchangemap.com

➤ *Discuss with your table — 10 mins*

1. What role(s) am I best suited to play given my skills, innate strengths, lived experiences, knowledge, and interests?

*Consider sharing:*

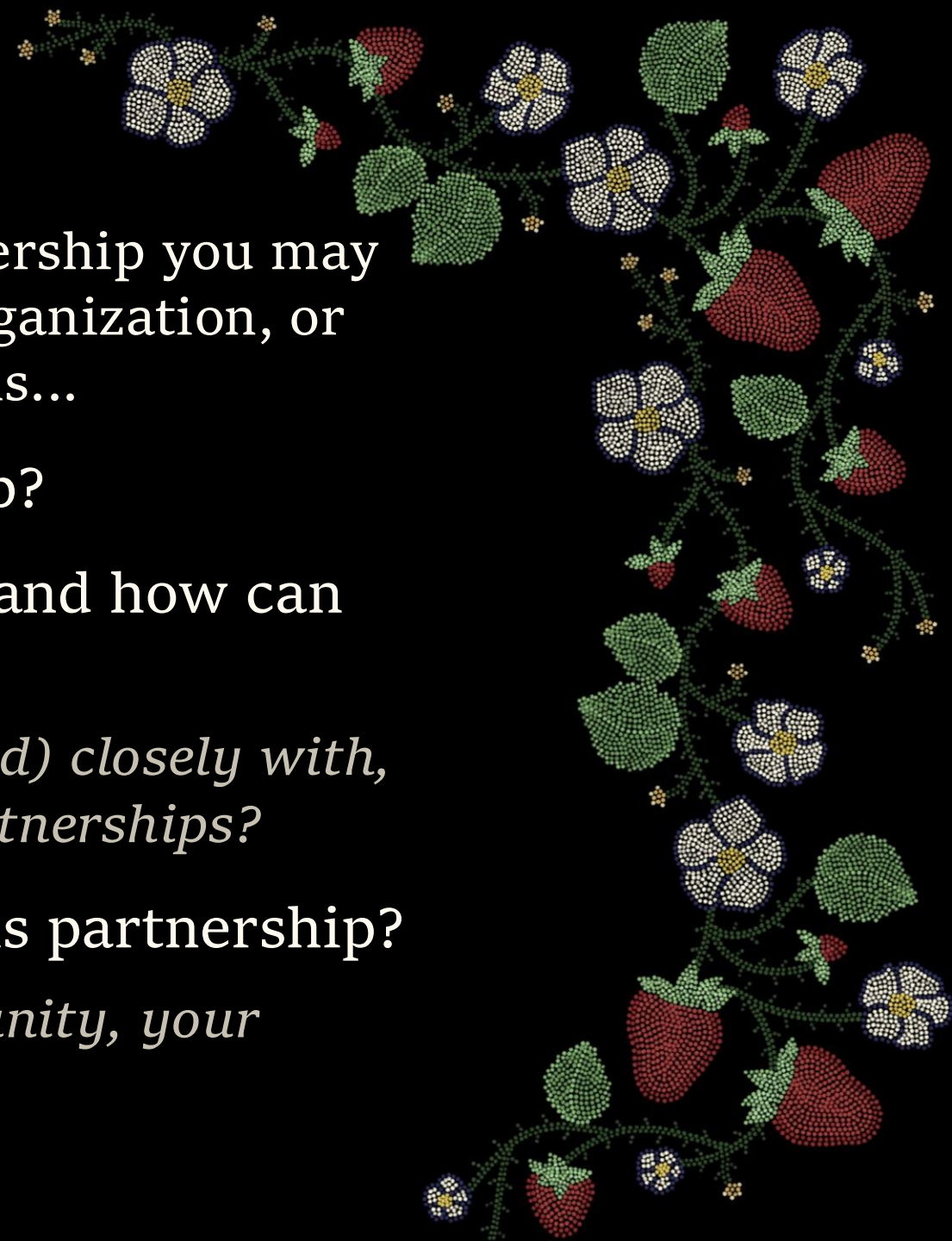
- a. *What gifts or strengths do I bring to my work?*
- b. *Are there specific instances where I've seen these gifts and strengths in action?*
- c. *How might we work together, based on our roles?*



➤ *Reflect quietly* — 10 mins

Think of a previous, current, or future partnership you may be involved in. Consider your community, organization, or team while answering the following questions...

1. What do you bring to the partnership?
2. Who else is part of the partnership, and how can you support them given your role(s)?
  - a. *Can you think of people you work(ed) closely with, or people you may encounter in partnerships?*
3. What might you need to thrive in this partnership?
  - a. *From your teammates, your community, your partners, or UBC?*



➤ *Discuss with your table — 15 mins*

Consider together:

1. What might you need to thrive in your partnerships?
  - a. *From your teammates, your community, your partners, or UBC?*

*Then, write your answers on large Post-it notes and bring to the whiteboard!*

